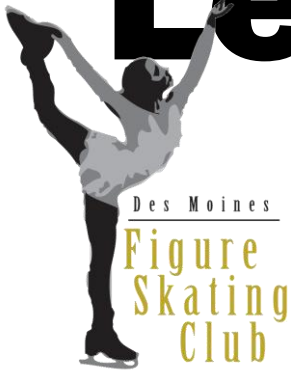


Learn to Skate



The Des Moines Figure Skating Club offers the Curriculum of United States Figure Skating "Skate with US" program. This course provides uniform instruction in the basic skills of ice skating, with USFS approved instructors. With the Learn to Skate curriculum, students go from their first steps on the ice all the way to beginning jumps and spins or being ready to suit up with a stick and puck! **We Welcome skaters of all ages-tiny tots to adults!** We encourage you to dress your skaters in warm, comfortable clothing, including coat and or sweater, hat and mittens/gloves. We require anyone less than 5 years of age to wear a helmet.

Skaters are tested at the end of each session and receive either an evaluation form or "Certificate of Achievement" allowing them to advance to the next level.

SESSIONS HELD SUNDAY'S 4:00 PM - 5:00 PM

- Session 1 October, 12, 19, 26, November 2
- Session 2 November 9, 16, 25, December 7, 14
- Session 3 January 4, 11, 18, 25, February 1, 8
- Session 4 February 15, 22, 29, March 1, 8, 15 March 22 Learn To Skate Showcase



SIGN UP TODAY BY FILLING OUT THIS ENROLLMENT FORM

Class Fees: \$65 for Session 1 (4 weeks), \$80 for Session 2 (5 weeks), \$95 each for Session 3 and 4 (6 weeks). Rental skates available for a nominal fee. Class consists of a group lesson, practice ice and one year USFS Basic Skills membership. Full payment due at time of registration. DMFSC reserves the right to cancel scheduled Learn to Skate classes due to low enrollment or unforeseen circumstances.

PLEASE PRINT

SKATERS NAME _____

PARENTS NAME _____

SKATERS DOB _____ **AGE** _____

ADDRESS _____ **CITY/STATE** _____

HOME PHONE _____ **WORK** _____

Email _____ *Please include your email address so we may contact you if we have a schedule change.*

Please make checks payable to DMFSC Check # _____

Parent/Guardian Signature _____

DMFSC/Buccaneer Arena Liability Release Waiver (signature Required)

By having registered the above person in lessons, I, as parent or guardian of the participant, agree to allow the individual names herein to participate in the aforementioned activities and I further agree to indemnity and hold DMFSC, Buccaneer Arena, skating director, and instructors, harmless from and against any and all liability for an injury or loss of property by the aforementioned individuals arising out of or in conjunction with his or her participation in this activity. **NO REFUNDS**



Register the following ways

Mail to: DMFSC c/o Lori Githens 602 NW Norton Circle Grimes, Iowa 50111

Call: Mike Mullins 515-965-9630 or Karen Teel 515- 252-0882

Walk on registrations accepted

Email: dmfsc@live.com

Learn Basic Skating Fundamentals for both Hockey and Figure Skating